

GL FASHION



On the go

I never, ever sit still. I need a suit that'll stay put.
—Asli, 14

Always running around? A sporty 'tude doesn't mean you have to sacrifice style—or risk a wardrobe malfunction. Supportive tanks and well-built two-pieces keep you in on the action.



Top, \$44, Oneill, Bottom, \$10, Weisell
\$30 each, Speedo

Top, \$45, OneallSport, Bottom, \$64 (for set), T18

The Dos and Don'ts for Sporty Types

- Do give it a test run.** Try jumping around in the dressing room. If it rides up, so not your suit.
- Do remember the inside counts, too.** Silicone strips keep bra tops in place.
- Don't skip out on the bottom half.** One word describes. Full-out briefs are your BFF.

Top, \$39, Oneall, Bottom, \$27, OneallSport

THE LIFE MAGAZINE

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WAYS TO LOOK HOT!

- Cute clothes for under \$20
- Summer beauty secrets
- Flirty hair ideas

Quiz: ARE YOU A BOLD BABE?

HOW TO GET A GUY'S ATTENTION
(WITHOUT FREAKING HIM OUT)

HAVE THE BEST SUMMER EVER!

These fun jeans, tops and more...

Open Goals
How to...
changed her life

the perfect swimsuit for your shape!

WHAT GUYS WISH YOU KNEW ABOUT KISSING



Top, \$44, Oneall, Bottom, \$10, Weisell

Top, \$45, OneallSport, Bottom, \$64 (for set), T18

cool fact: A study showed 20 minutes of exercise boosted body confidence. A quick walk or jog can make ya feel great.

The Dos and Don'ts for Pear Shapes

- Do keep the bottoms basic.** A simple, solid bottom is slimming and totally effortless.
- Do grab an eye-popping top.** Bold prints or cool details (zippers) draw the eye up.
- Don't be a hipster.** It seems counter-intuitive, but hipsters and boy shorts can add visual weight.

tummy. —Grace, 16

There are plenty of ways around the

Bikini BOOSTER

"You can learn to love the size you're supposed to be." —Crystal Rahn (who is a happy, gorgeous plus-size model)

Slimming

Don't pass by slimming panels. A funky design down the middle elongates your bod.



Top, \$45, and Bottom, \$27, OneallSport, Top, \$44, Bottom, \$10, Weisell

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GL FASHION LOVE YOUR BOO



Yay!

Secrets to finding a suit that makes ya feel flat-out amazing!

GirlsLife Love Your Bod

The June/July 2010 issue of *GirlsLife* magazine featured several Girls4Sport swimwear pieces in a fashion spread promoting sporty swimsuits that stay put and suits that help to slim tummies. The featured pieces included Girls4Sport's tank rashguard in Pop Star, boy briefs in Black, and halter rashguard in Zen Garden with matching bikini bottoms.